

SPA in the boathouse – Guidelines for our guests

The SPA is a place of regeneration and relaxation for body and mind. For a restful and enjoyable stay, it is important that you follow the guidelines below.

Allowed are people of 14 years of age or more.

Please be aware of following points:

- ◆ The SPA is a nude zone
- ◆ Take a shower before using the saunas and whirlpool
- ◆ Do not enter the saunas and the steam bath with bathing slippers
- ◆ Always put a towel under your entire body including your feet in the sauna
- ◆ Use the shower next to the sauna without any shower or hair shampoos
- ◆ Close the showers again after use
- ◆ Please cover the whirlpool after using it
- ◆ For hygiene reasons, it is recommended to use the whirlpool nude - if you still want to use the whirlpool with swimwear, please wear only swimwear that has not been washed with a refiner. Additionally, wash the swimwear thoroughly with warm water before getting into the Jacuzzi.
- ◆ Be careful with freshly colored hair - they may stain the wood

Following things are not permitted in the boathouse:

- ◆ Shoes - please leave them in the entrance area and put on your bathing slippers
- ◆ Swimwear in sauna and steam bath
- ◆ Reserve chairs on the deck – they are to be used on a “first come, first serve” basis
- ◆ Take bags with you to the sauna area
- ◆ Use of any kind of manicure, pedicure, shaves, hair tints, face masks and massage brushes
- ◆ Consumption of food, alcoholic beverages and chewing gum
- ◆ Smoking on the premises
- ◆ Loud talking and phone calls
- ◆ Excessive public display of affection

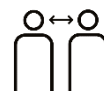
You are using our SPA and the lake of Thun at your own risk - Please act responsibly.
Any liability is rejected.

We wish you a pleasant and refreshing stay.

Your host Beat Bühler & the Parkhotel - Team

Additional protective measures

We have defined the following protection concept for the personal safety of our guests and staff. These measures are continuously adapted to the recommendations and requirements of the Federal Office of Public Health (FOPH) and the cantonal guidelines:



Keep a **distance** of **2 metres**.



Cough and sneeze into a handkerchief or the crook of your arm.

Limited number of admissions to the SPA

A maximum of **16 people** (8 parties) will be admitted to the **boathouse** at any one time.

Keys for the boathouse are available for our hotel guests at the reception (**limitation of 2 hours**)

- Only one party (**2 people**) is allowed in the **flower-scented sauna**, the **steam bath** and the **whirlpool** at the same time.

- Two parties (**4 people**) are allowed in the **finnish sauna**, subject to the distance rule, and in the **relaxation room** a maximum of **8 people** are allowed at the same time.

Regular thorough cleaning of the SPA with compulsory wearing of protective masks for employees if guests are in the room at the same time.

Hand disinfectant is placed in the entrance area, please use it.

Access only for guests who feel 100% healthy. Guests showing signs of illness are not allowed to enter the SPA area.

Persons over 65 years of age and persons with serious illnesses such as diabetes, cardiac hypertension, circulatory diseases, chronic respiratory diseases, illnesses and therapies that weaken the immune system are advised not to visit the SPA.